



Sayyiduna Husain ibn Ali (radiallahu anhu) narrated that the Prophet (sallallahu alaihi wassallam) said:

“Leave that which puts you in doubt for that which does not.” (Tirmizi)

A person needs to abstain from haram and doubtful things.

Precautionary Measures Taken by Sayyiduna Abu Bakr (radiallahu anhu) in Staying Away From Haram

Sayyiduna Abu Bakr had a slave who used to give him a portion of his daily income as the master's share. Once he brought him some food and Sayyiduna Abu Bakr (radiallahu anhu) took a morsel out of it. Then the slave remarked, “You always enquire about the source of what I bring to you but today you have not done so.” He replied, “I was feeling so hungry that I failed to do that. Tell me now, how did you come by this food.” The slave replied, “Before I embraced Islam, I uttered some incantations for some people. They promised to pay me for that later on. I happened to pass by those people today while they were engaged in a marriage ceremony, and they gave me this food.” Sayyiduna Abu Bakr (radiallahu anhu) exclaimed, “You would have surely killed me!” Then he tried to vomit the morsel he had swallowed but could not do so as his stomach had been quite empty. Somebody suggested to him to take water to his fill and then try to vomit. He sent for a goblet of water and kept on taking water forcing it out till the morsel was vomited out. Somebody remarked, “May Allah have mercy on you, you put yourself to such trouble for one single morsel?” To this he made the reply, “I would have thrust it out even if I had to lose my life. I have heard the Prophet saying, ‘The flesh nourished by Haram food, is destined for Jahannam. I therefore made haste to vomit this morsel, lest any portion of my body should receive nourishment from it.’” (Hilyatul Awliya)

A person who is nourished on haram will not enter Jannah. From this incident we can see the great lengths the Sahabah kiram (radiallahu anhumajma'in) went to in saving themselves from consuming anything haram or of doubtful nature.

We should eat food like medicine or we will have to eat medicine like food. Not all permissible things are good for us, for example fast food, fizzy drinks, etc.

Triple Filter Test

Before we speak, we need to go through the following filters:

- 1) Is what we are saying true or not.
- 2) Is what we are saying good?
- 3) Is what we are saying useful?

If the response to these questions is sound, then we may say what we intended, otherwise we should remain silent.

“O ye who have believed! If there comes to you a disobedient one with information, investigate lest you harm a people out of ignorance and become, over what you have done, regretful.” (49 :6)

There will be a severe punishment for those who spread rumours.

We will be answerable for every word we utter.



11/10/21 - Summary of Mufti Sahib's Lesson Today - Hadith Five: Doubt

On the authority of Sayyiduna Abu Hurairah (radiallahu anhu) that the Messenger of Allah (sallallahu alaihi wassallam) said:

“Let him who believes in Allah and the Last Day speak good, or keep silent.” (Bukhari and Muslim)

Mufti Sahib also spoke about the special moments when duas are accepted (refer to book 'Dua for Beginners').

He mentioned a dream he had once on the 27th night of Ramadhan. The Prophet (sallallahu alaihi wassallam) appeared in his dream and he was giving salam to everyone. There were two groups of people; a group of men who had beards and the other group who did not have beards. The Prophet (sallallahu alaihi wassallam) turned his face away from the group who did not have beards.

The importance of Jumu'ah was also mentioned and that if a person misses three Jumu'ah prayers, then Allah will seal the person's heart. May Allah save us all! Ameen.